

X TREME READING

Like taking risks?

Xtreme Reading is for you! Xtreme Reading is an Xciting new class designed for students like you, who want more out of school and life.

Xtreme Reading offers the chance for you to learn new skills and to apply what you've learned to Xtreme-ly interesting books and other reading assignments.



Learning Xtreme Reading skills is no different from learning a new kick-flip move on your skateboard. You practice the move over and over until you get it just right.

Xtreme Reading provides just that kind of practice for your new reading skills. Best of all, you can use the skills you learn in Xtreme Reading in every one of your classes as you skate toward graduation.

Xtreme Reading helps you take control of your education and your life—now and in the future.

X TREME SKILLS

Xtreme Reading will teach you new ways to look at reading assignments so you understand more of what you read. Some of the skills you'll learn and practice are:

- How to attack words like "biodiversity" so you can figure out what they mean.
- How to make a movie in your mind so that when someone asks you a question about what you've read, you can hit "replay" and see the answer.
- How to ask yourself questions before you read, predict the answers, and then follow through to see whether you're right.

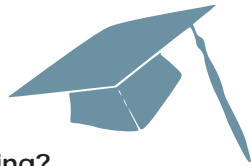




PARENT Q&A

TREME READING

We know parents have questions.
We've got answers!



What is Xtreme Reading?



Xtreme Reading is a new class designed to allow students like us—and like your child—to set and work toward important goals. The class focuses on developing new reading and writing skills that we can use to pass required classes, graduate from high school, and prepare for the future.

Who should take this class?

Xtreme Reading is for anyone who wants to improve his or her reading and writing skills. If your son or daughter has difficulty reading and understanding textbooks, or if he or she has trouble making the grade on writing assignments, *Xtreme Reading* can help.



Why should my child take this class?



Xtreme Reading teaches the skills we need not just now but in the future as well. The skills—called Learning Strategies—that are taught in this class will help with our immediate needs to pass classes and graduate from high school. After high school, we'll be better prepared to attack the demands of college or a career—able to read and write confidently, solve problems independently, and work effectively as a member of a team.

Xtreme Reading also guides us to take a close look at our goals for high school and beyond. The class helps us see hope for the future.

Is this an independent study class?

Much of the work we do in *Xtreme Reading* is at our own pace and customized to meet individual needs, but the teacher organizes group activities and instruction. We work with partners and small groups to conquer specific skills, strengthening our ability to work as members of a team. At the same time, we're improving our reading and writing skills.

What are "Learning Strategies" and how do they help students understand what they're reading?

Each Learning Strategy is a series of steps we follow to better understand our textbooks. For example, if I create a picture or movie in my mind as I read, I am more likely to remember what a paragraph is about. Creating a mental movie is one Learning Strategy your son or daughter will learn to use in *Xtreme Reading*. Using another Learning Strategy, I might imagine that I'm a detective hot on the trail to solve a mystery. As I read, I look for clues and ask myself questions about what I might find in the next sentence or paragraph. I predict the answers to my own questions, and then read on to see whether I'm right. Each time we learn a new strategy, we practice using reading materials that were designed to be interesting to us. *Xtreme Reading* will show your son or daughter several of these techniques and provide ample opportunity for practice until these new skills become second nature.



How do you know how you're doing in this class?

As students, we work closely with the teacher to track our progress on each of the new *Xtreme Reading* skills we're learning. We discuss what we've learned with the teacher, look at charts showing our progress, and together set goals for future lessons. Our role in *Xtreme Reading* is very active. Learning new skills is hard work, but the payoff is tremendous!



Center for Research on Learning

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